

# ICW-K BULLETIN



## 1) INTERNATIONAL DAY OF THE GIRL CHILD, 2022

by ICW-K

In line with this year's theme by UNICEF for the International Day of the Girl Child, 2022 "Our Time is Now-Our Rights, Our Future", ICWK organized for a community dialogue with adolescent girls and young women on the triple threat, mental health life skills at Huruma Lions Health Center in Mathare. Here we engaged Mr. Ndungu as the facilitator.

The main objectives of this dialogue was to empower the adolescents and young women by discussing key issues that affect them like the ending of triple threat, leadership and mental health.

The facilitator discussed GBV, he encouraged the young women to ensure that they report all the cases of GBV to the chief or police in the area. The young women were encouraged to have the courage to negotiate for safer sex with their partners in a bid to reduce the increase in teenage pregnancies among adolescents and young women.



*ICW-K ED, Lucy Ghati during the candlelight memorial. PHOTO: ICW-K/ Doreen Koeh*

The previous day, 10th October was the commemoration of the World Mental Health Day and the theme was 'Making Mental Health for all a Global Priority' During the session the facilitator spoke on stress that comes with life struggles which may lead to depression.

ICWK also distributed hygiene packs to all the young women and emphasized on the need for menstrual hygiene.



# CIVIL SOCIETY CONSULTATION POST (ESA) MINISTERIAL COMMITMENT ON AGE-APPROPRIATE SEXUALITY EDUCATION.

Written by ICW-K



*Kingdom Bank representative, Abraham. PHOTO: ICW-K/ Doreen Koech*




ICW-Kenya attended a Civil Society Consultation Post-Eastern and Southern Africa (ESA) Ministerial Commitment On Age-Appropriate Sexuality Education meeting to discuss on our role in ensuring that Kenya will re-commit to ESA.

ESA is a ministerial commitment on comprehensive sexuality Education and sexual and Reproductive Health services for adolescents and young people in Eastern and Southern African (ESA). It was signed by ministers of Education and Health from 20 countries from the countries.

Kenya had committed to ESA in 2013 but did not re-commit in 2020. However, the urgent need for Kenya to recommit come from a point where recent data has shown that there is a rise in unplanned pregnancies, sexual violence and HIV infections among adolescents and young people.

All CSOs present were asked to join in advocating for our leadership to recommit to ESA for the good of our young people by picking a target and identify activities they can conduct to help push the Kenyan ESA recommitment.

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International Community of  
Women Living With HIV



ICW-Kenya Chapter



ICW-Kenya Chapter

